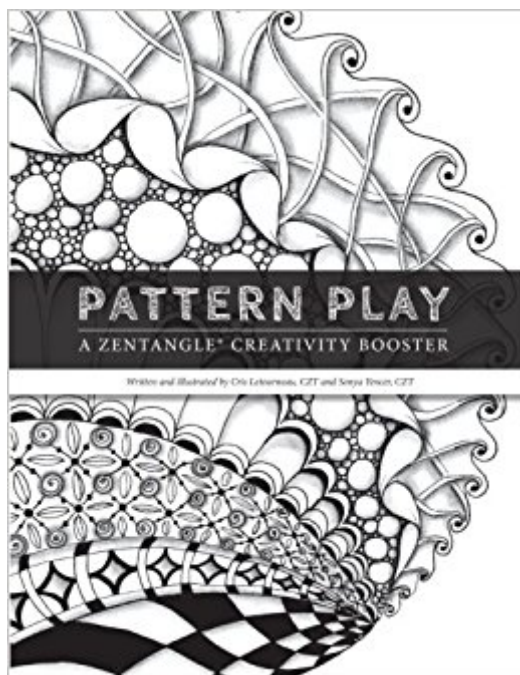


The book was found

Pattern Play: A Zentangle Creativity Boost (Volume 1)



Synopsis

Pattern Play: a Zentangle Creativity Booster is for anyone who wants to have fun, de-stress, and increase their creative confidence. The Zentangle method is a mindful activity that can be done most anywhere and requires little time, space, or equipment. Like other mindful activities, the practice of Zentangle may also help you feel less stressed, increase your confidence, improve your concentration, manage pain better, sleep more soundly, and meditate more deeply. No matter your skill level, this book will help you flex your creativity muscles. It includes step-by-step instructions to guide beginners in understanding the Zentangle method and creating their first Zentangle art.

Pattern Play also shows seasoned tanglers (people who "do Zentangle"™) how to use their existing repertoire of tangles (patterns) as a springboard to ignite their own creative spark. Along with instructions, it contains: - 21 meditative patterns - over 125 tangleations (variations) - over 50 beautiful pieces of art - over 75 idea starters - tips for better tangling and plenty of space to practice and refine your skills so you can become the artist you were meant to be.

Book Information

Series: Pattern Play

Paperback: 134 pages

Publisher: Cris Letourneau, CZT; 1 edition (May 12, 2014)

Language: English

ISBN-10: 0990379809

ISBN-13: 978-0990379805

Product Dimensions: 8.5 x 0.3 x 11 inches

Shipping Weight: 14.6 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars See all reviews (128 customer reviews)

Best Sellers Rank: #39,511 in Books (See Top 100 in Books) #22 in Books > Arts & Photography > Drawing > Pen & Ink

Customer Reviews

This is a useful and beautiful book, a worthy addition to any Zentangle® library. Unlike other books, which focus on the acquisition of new tangles, Pattern Play explores what is possible with a handful of tangles and their "tangleations" (variations). Be prepared: this is about Zentangle®, so the authors emphasize the Rick Roberts and Maria Thomas method of creating these patterns. This is, in fact, the most thorough introduction to Zentangle® I have yet encountered, other than taking a class with a Certified Zentangle® Instructor (something I really recommend if you are

interested in this as a meditation practice). I really appreciated the Pattern Play approach; other tangles, who are more interested in acquiring new patterns, may be disappointed. You will not find an extensive collection of tangles here; instead, you will play around with what you can do with patterns you already know. Experienced tangles will not need this encouragement to experiment. As a beginner, though, I find it exhilarating. This book does not contain colorwork. That was a letdown for me, at first, but I quickly realized I had plenty to enjoy without it. ALSO, I am also puzzled by the nicely bordered blank "Idea Starter" pages, which are silly given that the text insists there are "no mistakes" in tangling, anyway, and that among the Zentangle® "necessities" is high-quality paper. In fact, when you take the introductory class, you dive into using official Zentangle® tiles right away, as a way to value what you're doing and to really grok the method. My advice is that you use nice paper or even tiles as you play around with the patterns in this book, especially for the subtle art of shading. Don't get me wrong.

[Download to continue reading...](#)

Pattern Play: a Zentangle Creativity Boost (Volume 1) Zentangle: 33 Zentangle Patterns to Inspire Your Inner Artist--Even if You Think You're Not One!! (Zentangle Mastery Series Book 3) (Zendoodle Mastery Series) Zentangle Inspired Art: A Beginners Guide to Zentangle Art and Zentangle Inspired Art and Craft Projects Drawing: Drawing and Sketching, Doodling, Shapes, Patterns, Pictures and Zen Doodle (drawing, zentangle, drawing patterns, drawing shapes, how to draw, doodle, creativity) Drawing: Made EASY: Learn - Sketching, Pencil Drawing and Doodling (Drawing, Zentangle, Drawing Patterns, Drawing Shapes, How To Draw, Doodle, Creativity) Scary Monsters: 20 Fantasy Designs to Boost Imagination and Release Stress (Meditation & Creativity) How To Develop Super Creativity: Boost Your Creative Super Powers in Five Easy Steps! (Mind Growth Series Book 1) One Watercolor a Day: A 6-Week Course Exploring Creativity Using Watercolor, Pattern, and Design (One A Day) The Shirtmaking Workbook: Pattern, Design, and Construction Resources - More than 100 Pattern Downloads for Collars, Cuffs & Plackets 300+ Mathematical Pattern Puzzles: Number Pattern Recognition & Reasoning (Improve Your Math Fluency) Giraffe Coloring Book: An Adult Coloring Book of 40 Zentangle Giraffe Designs with Henna, Paisley and Mandala Style Patterns (Animal Coloring Books for Adults) (Volume 26) Sex Position Coloring Book: A Dirty, Rude, Sexual and Kinky Adult Coloring Book of 40 Zentangle Sex Position Designs (Sexy Coloring Books) (Volume 1) Adult Coloring Book: 50 Halloween Coloring Pages, Coloring Books For Adults Series By ColoringCraze.com (Adult Coloring Books, Creative Zentangle ... Coloring Books For Grownups) (Volume 11) Lighthouse Coloring Book: 20 Lighthouse Designs in a Variety of Styles from Zentangle Designs to Realistic

Sketches (Ocean Coloring Books) (Volume 1) Sex Toy Coloring Book: A Dirty, Rude, Sexual and Kinky Adult Coloring Book of 40 Zentangle Sex Toy Designs (Sexy Coloring Books) (Volume 2) Rat Coloring Book: An Adult Coloring Book of 40 Zentangle Rat Designs with Henna, Paisley and Mandala Style Patterns (Animal Coloring Books for Adults) (Volume 22) Rabbit Coloring Book: An Adult Coloring Book of 40 Zentangle Rabbit Designs with Henna, Paisley and Mandala Style Patterns (Animal Coloring Books for Adults) (Volume 21) Wolf Coloring Book: An Adult Coloring Book of 40 Zentangle Wolf Designs with Henna, Paisley and Mandala Style Patterns (Animal Coloring Books for Adults) (Volume 23) Sea Shell Coloring Book: An Adult Coloring Book of 40 Zentangle Sea Shell Designs for Ocean, Nautical, Underwater and Seaside Enthusiasts (Ocean Coloring Books) (Volume 5) Ultimate Drum Play-Along Led Zeppelin, Vol 1: Play Along with 8 Great-Sounding Tracks (Authentic Drum), Book & 2 CDs (Ultimate Play-Along)

[Dmca](#)